



# CONESTOGA HIGH SCHOOL STUDENT SERVICES OFFICE



## PARENT REFLECTION

As we begin to think about writing your child's recommendation for college, we would love to hear from you! We value the wisdom you have about your child and will use this information as a guide. This is your chance to have some input into your child's recommendation. College admission counselors love **stories** – ones that bring each student's uniqueness to life.

If you do not find these particular questions helpful, you can also try writing a narrative to the counselor.

This can be submitted directly to your child's counselor or if you prefer, you can send via email.

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1. The following are examples of traits that colleges look for in prospective students: maturity; motivation; leadership; integrity; reaction to setbacks; concern for others; self-confidence; initiative/independence, etc. Please choose three traits and tell us how your child has exhibited these qualities in the past four years. If possible, share a specific story (stories).
2. How has your child shown development in the following areas?
  - Academic
  - Social
  - Interests / Activities
  - Any other areas you would like to mention
3. Is there anything you wish to add which would help your counselor in writing the recommendation for colleges (e.g. educational background; special family situation; special medical history; family trauma; personal achievements, etc.)?

Thank you for taking the time to complete these questions!

*The Student Services Staff*